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| **121 Agenda Template**  **Name**  **Time and place of 121** |
| What is your win this week? |
| What are your best hopes for our 121 today?:  a)What do you want to discuss?  b)What needs to be decided today?  c)What do you hope to leave with today? |
| Before our meeting, think about the biggest barrier getting in your way. Consider what frustrates you about the work you are doing at the moment. Take this problem and ask yourself ‘What do I want in regards to this problem?’  *I would like…..* |
| What's most important for you in the next week ahead? |
| How are you feeling about how you are spending your time at the moment? |
| What's one relationship you would want to invest in or improve at the moment? |
| What would positive progress look like for you this week? |
| What’s most important in the next month? |
| How can Nic help you to achieve this? |